

LOWER MERION LIBRARY SYSTEM

# BOOK YOUR CALENDAR

EVENTS & PROGRAMS

OCTOBER/NOVEMBER 2017

## ONE BOOK ONE LOWER MERION 2017

One Book One Lower Merion proudly announces that *Pandora's Lab*, by Paul Offit, is this fall's selection. This fascinating and highly readable book tells amazing stories of science gone wrong and how it affects our lives. Many thanks to the committee for their continued commitment and tireless dedication to the One Book program.

Join us for these events:

**Bev Rosen Book Review**  
**Wed, Nov 1 @ 1 PM**  
**Bala Cynwyd Library**  
Bev, a terrific reviewer and insightful analyst, will lead a lively discussion.

### Story Hours

Story hours for younger patrons in November will feature *Ada Twist, Scientist*. Check with your library for dates and times.

**Panel Discussion: Stories of Science Gone Wrong**  
**Sun, Nov 12 @ 2 PM**  
**Board Room—Twp Admin Bldg**  
(75 E. Lancaster Ave, Ard.)

- Supt. of Police Michael McGrath will report how the opioid epidemic has affected Lower Merion.
- Lankenau's Dr. Mary Burke will discuss changes in medicine and how they affect us.

- Cathy D'Orazio, of D'Orazio Nutrition Consulting, will discuss nutrition, wellness, diet and sports.

**Paul A. Offit, M.D. Author Appearance**  
**Sun, Nov 19 @ 2 PM**  
**Board Room—Twp Admin Bldg**

Dr. Offit is a gripping storyteller. There will also be an opportunity for questions. *Pandora's Lab*, and other books by Dr. Offit, will be available for purchase and signing.

All events are free and no reservations are required. Please check [www.lmls.org](http://www.lmls.org) for program updates.

### IMPORTANT DATES:

- Teen Read Week—Unleash Your Story: October 8-14
- Library Closures:
  - Nov. 8, In-Service Day
  - At 5 p.m., Nov. 22
  - Nov. 23, Thanksgiving

### LIBRARY EVENTS:

Ardmore	Pg. 2
Bala Cynwyd	Pg. 2
Belmont Hills	Pg. 2
Ludington	Pg. 3
Penn Wynne	Pg. 3
Gladwyne	Pg. 4
Library Hours	Pg. 4

## STORY TIMES

### ARDMORE:

- **Ms. Val's Story Time**  
**Mondays @ 11:30 am**
- **Ms. Dawnita's Story Time**  
**Thursdays @ 11:30 am**

### BALA CYNWYD:

- **Story Time**  
**Tuesdays, Wednesdays & Fridays @ 10:30 am**

### BELMONT HILLS:

- **Ms. Gwen's Story Time**  
**Tuesdays @ 10:30 am**  
Story time will be held at the Belmont Hills Community Ctr, 50 Ashland Ave, when the library closes for renovations.

### GLADWYNE:

- **Toddler Story Time**  
**Mondays @ 10:30 am**  
Ages 0-3

### LUDINGTON:

- **Mr. Laurent's Story Time**  
**Mondays & Thursdays @ 10 am**
- **Ms. Roseann's Story Time**  
**Tuesdays @ 10 am**
- **Ms. Gail's Story Time**  
**Wednesdays @ 10 am**  
Followed by a 10:30 am craft

### PENN WYNNE:

- **Baby Time**  
**Mondays @ 10:30 am**
- **Toddler Story Time**  
**Wednesdays @ 10:30 am**  
No story time on Nov. 8 or Nov. 22

## ARDMORE LIBRARY EVENTS



### Adult Computer Classes\*

**Tuesdays @ 2 pm & Thursdays @ 10:30 am**  
Registration is required for each session—call (610) 642-5187.

### 1<sup>st</sup> Wednesday Book Club

- **October 4 @ 11:30 am**  
*Frankenstein* by Mary Shelley  
Processing Center Meeting Rm
- **November 1 @ Noon**  
*Pandora's Lab* by Paul Offit  
Annual Lunch Meeting at  
Wyndham Alumnae House,  
Bryn Mawr College; RSVP to  
Ruth Berman at (610) 649-  
3160 by 10/24

### Wednesday Night

**Writers' Group**  
**1<sup>st</sup> & 3<sup>rd</sup> Wednesday, 6-7 pm**  
Meet other writers for discussion, critiques and advice. Registration is recommended.

### LEGO® Club

**2<sup>nd</sup> Wed of every month @ 6-7 pm**

### How to Make Your Vote Count: Redistricting in PA\*

**Mon, October 16 @ 6 pm**  
Join Fair Districts PA Montgomery County for a presentation about gerrymandering (manipulating the boundaries of an electoral constituency to favor one party or class) in Pennsylvania.

### Decline & Fall in Jane

**Austen's Life & *Persuasion***  
**Sat, October 28 @ 1 pm**

### Halloween Stories & Crafts

**Sat, October 28 @ 2 pm**  
Come in costume if the spirit moves you!

### NaNoWriMo (National Novel Writing Month)

- **Wed, November 1, 15, 22 & 29 @ 2-7 pm**
- **Wed, November 8 @ 2-5 pm**  
Try to write a 50,000 word novel in November! See [nanowrimo.org](http://nanowrimo.org) for details. Self-guided "Write In" until 6 pm, followed by Word Sprints and Prompt Challenges.

### Veteran's Day Program

**Sat, November 11 @ 2 pm**  
Come learn about this little known holiday and make a related craft!

### Annual LEGO® Building Event

**Fri & Sat, November 24 & 25—ALL DAY**  
Build with our LEGOs, Duplos, Bionicles, or giant LEGO blocks. Refreshments and activity sheets will be provided. There will be drawings for cool prizes at 12, 2 & 4 pm.

## BALA CYNWYD LIBRARY EVENTS



### Understanding & Demystifying College Admissions\*

**Sun, October 1, 8 & 15 @ 3 pm**  
Cigus Vanni returns to guide students and parents in the college admissions process.

### Dazzling Decoupage

**Sat, October 14 @ 10 am**  
Children will learn the basics and make a small project with Miss Cat. Registration required, space is limited. Sign up in the junior room. Ages 7 and up.

### Philadelphia Orchestra Musicians Audience Appreciation Concert

**Mon, October 23 @ 10:30 am**  
Musicians Paul Arnold (violin), Miyo Curnow (violin), Che-Hung Chen (viola), and Kathryn Picht Read (cello), will perform a short

program of music in the Junior Room, then talk about the instruments and pieces of music. Attendees will have an opportunity to ask questions. Registration required—contact the Junior Room. Ages 5 and up.

### Great Books Reading Series

Readings are from *100 Great Short Stories*, Edited by James Daly, *Dover Thrift Edition*; Coordinator John Dalton; [JD5258875@aol.com](mailto:JD5258875@aol.com)

- **Tue, October 24 @ 7 pm**  
*Twenty-Four Hours in the Life of a Woman*, Stefan Zweig
- **Tue, November 21 @ 7 pm**  
*The Judgement, A Country Doctor, A Hunger Artist*, Franz Kafka

### Furry Friend Workshop

**Wed, October 25 @ 7 pm**  
Owls are taking over the junior

room! Participants ages 7-10 will hear a story, build a buddy, make a wish, and name their new friend! Registration required, limited space.

### Book Talk: Roz Warren

**Thu, October 26 @ 7:30-9 pm**  
Library humorist and BCL staff member Roz Warren, author of *Our Bodies Our Shelves: a Collection of Library Humor*, is back with a new book about the joys and challenges of library life: *Just Another Day at Your Local Public Library: An Insider's Tales of Library Life*. Roz will make you smile, laugh, and maybe even groan with disbelief as she shares real-life stories about what goes on behind the scenes. She will also lead a discussion about the crucial role the library plays in our community.

### Sundays @ 2 Concert

**Sun, November 19 @ 2 pm at the Levering Mill Tribute House (382 Bala Avenue)**

Join us for *An Afternoon Abroad: Paris & Vienna*, featuring Trio MiReSol and guest artist Gilya Hodos, in a musical journey that will transport you through the music of Beethoven, Schubert, and Boulanger.

### Bookmark Bonanza

**Wed, November 22 @ 2-4 pm**  
Make a one-of-a-kind washi tape bookmark! No registration required.

### Learn, Listen, Play

**Fri, November 24 @ 10:30 am**  
Mr. Frank presents a high-energy preschool music program. Dance & sing along. No registration required.

## BELMONT HILLS LIBRARY EVENTS



### Demystifying College Admissions Series\*

**Thu, October 5, 12 & 19 @ 7 pm**  
Cigus Vanni returns to guide students and parents in the college admissions process.

**McMoran Park Playground & Pavilion Plan**  
**Mon, October 2 @ 6:30-7:30 pm**  
Hosted by the LM Parks & Recreation Department

### LEGO® Night

**Tue, October 3 @ 6-8 pm**  
Use our Legos & your imagination!

### Meditation: A Path to Mindfulness

**Sat, October 7 @ 10:30 am**  
Join yoga and meditation professional Melanie Toner to learn how to be more mindful and intentional throughout your day. Open to teens and adults. Call to sign up.

### Family Puzzle Night

**Tue, October 10 @ 6-8 pm**  
We have many puzzles to choose from. All ages welcome.

### Toddler Story Time & Craft

**Sat, October 21 @ 10:30 am**  
A fun morning of making foam tray prints with cookie cutters! Dress to get messy. Geared towards toddlers, but all ages welcome. No sign-up required.

### Family Game Night

**Tue, October 24 @ 6-8 pm**  
Play one of our many board games or bring one of your own! All ages welcome.

### Halloween Get-Together

**Tue, October 31 @ 6-8 pm**  
Wear your costume and stop by the library before Trick-or-Treating. Treats will be given out along with coloring pages and activities.

## LUDINGTON LIBRARY EVENTS



### Art & Craft Exhibits: October

- Haverford Guild of Craftsmen (cases)
- Rene Crystal: *Photography* (wall)

### Art Exhibits: November

- Alice Dustin: *Paintings* (wall)
- Ann Simon: *Watercolors* (cases)

### Chair Yoga\*

**Tuesdays @ 10:15 am–12:15 pm**

Especially for seniors and people who don't get enough exercise.

### Minimally Invasive Spine Surgery\*

**Tue, October 3 @ 6 pm**

Presented by Dr. Mark Kurd, AB-OS Board Certified Spine Surgeon and assistant professor of Orthopedic Surgery at Thomas Jefferson University. Q & A to follow.

### Mike McGrath, Host of WHY?s You Bet Your Garden

**Wed, October 4 @ 7 pm**

There is still a lot of work to be done in the garden in the fall! We'll talk organic lawn care, garlic and spring bulbs, composting and "the second season" of cool-weather crops. Bring your questions. *Made possible through The Margery B. Hall Adult Programming Fund.*

### Democracy Café\*

**Thu, October 5 @ 7 pm**

A public gathering organized around an agreed upon topic, examined through the prism of the First Amendment. Cultivate new habits of discourse and listening skills.

### Spanish Story Time

**Fri, October 6 & 13 @ 10 am**

Learn Spanish through songs, actions and stories with Miss Mari. No prior knowledge needed.

### Ludington Book Discussion Group

• **Mon, October 9 @ 6 pm**

*The Swans of Fifth Avenue* by Melanie Benjamin

• **Mon, November 13 @ 6 pm**

*A Handful of Dust*, Evelyn Waugh

### Back Pain Seminar\*

**Tue, October 10 @ 2 pm**

Learn the latest in relief from Main Line Health Systems. Registration required: 484-580-1000 or [www.mainlinehealth.org/events](http://www.mainlinehealth.org/events).

### Science of Addiction\*

**Wed, October 11 @ 7 pm**

Discuss the intricacies of addiction and receive thought-provoking information on the effects of use, misuse and abuse. Presented by Kapil Nayar, Licensed Counselor, MA, LPC, NCC, ACS, chT.

### Hip & Knee Pain\*

• **Tue, October 17 @ 2 pm**

• **Tue, November 21 @ 2 pm**

An orthopedic specialist will discuss effective non-surgical treatments for joint pain and the latest replacement procedures performed at Main Line Health hospitals. Registration required: 484-580-1000 or [www.mainlinehealth.org/events](http://www.mainlinehealth.org/events).

### Mindfulness For You: Tools for Self-Care & Stress Management\*

**Tue, October 24 @ 7 pm**

Led by Marc Balcer, explore the science of stress, performance and mindfulness in an interactive, experiential format. Research shows that developing mindful awareness decreases stress and improves health, mood and sleep.

### Goodbye Fairy Garden Party

**Sat, October 28 @ 11 am - 1 pm**

Join Ms. Gail as we put the garden to bed for the winter and take home some plant cuttings. Light refreshments will be served.

### Spider Craft

**Tue, October 31 @ 10:30 am**

Make a fun craft with Ms. Roseann following story time.

### Pals for Life\*

**Wed, November 1 @ 4:30 pm**

Pals for Life will bring animals for children to read to. Perfect for children in Kindergarten and older. Registration required. Sign up in the junior room. Space is limited.

### Taxes in Retirement\*

**Thu, November 2 @ 7 pm**

Your paycheck may have stopped, but taxes continue. Know and understand the potential tax implications of selecting which assets from which to draw your retirement income. An educational event hosted by the non-profit Society of Financial Awareness.

### First Friday Music & Craft

**Fri, November 3 @ 10 am–Noon**  
Create a masterpiece in the craft corner while listening to music.

### Jennifer Lin Author Visit

**Mon, November 6 @ 7 pm**

In *Shanghai Faithful*, Philadelphia journalist Jennifer Lin dramatizes five generations of her Chinese family, bringing to life the history of Protestant Christianity in China in a period spanning the Opium War through to the Cultural Revolution and into the present. *Made possible through The Margery B. Hall Adult Programming Fund.*

### Cunningham Piano Co. Music School\*

**Fri, November 17 @ 10 am**

We'll combine reading with listening to a song and completing a fun music activity, giving preschoolers the chance to look at music as a storytelling medium. The event will also include elements of Cunningham Piano Co.'s Early Ears Developmental Music Program, so it is suitable for babies as young as 6 months with parental participation.

### 3<sup>rd</sup> Annual Craft Fair

• **Sat, Nov 18 @ 10 am–4 pm**

• **Sun, Nov 19 @ 12–4 pm**

Over 20 different vendors expected each day!

### Holiday Centerpiece Craft

**Wed, Nov 22 @ 10:30 am–Noon**

Decorate a wreath or centerpiece with herbs and flowers in the junior room. Fun for the whole family.

## PENN WYNNE LIBRARY EVENTS



### Music with Ruark Downey

- **Fri, October 6 @ 11 am**
- **Thu, October 19 @ 6 pm**
- **Sat, November 4 @ 11 am**

Interactive program for toddlers with preschool favorites to Top 40. Online registration is required and opens one week before programs.

### Meet Alpacas!

**Sat, October 7 @ 10:30 am–Noon**

Woodside Alpacas will bring live alpacas to the Rock Glen Rd. lawn. All ages are invited to stop by to learn about these amazing animals.

### R.E.A.D. Book Club for Ages 8-12

- **Tue, October 10 @ 4:30 pm**
- **Tue, November 14 @ 4:30 pm**

Contact the library for book titles.

### Defensive Driving Course Fundraiser\*

**Sat, October 14 @ 12–4 pm**

A fast-paced driver improvement class that may satisfy corporate or insurance company education requirements to reduce collision-related injuries and costs. There is a \$30 fee, payable to the instructor at

the start of the class. 50% of proceeds will be donated to the library.

### Meditation: A Tool to Balance Your Life\*

**Tue, October 24 @ 7 pm**

Jim Rose, MEd, Rutgers University, retired Johnson & Johnson executive and long-time meditator, connects meditation and spiritual development to important aspects of our lives. This talk includes a short meditation sitting. Register at: [www.lmls.org/events/meditation](http://www.lmls.org/events/meditation).

### Getting Organized for the Holidays

**Thu, November 16 @ 7 pm**

Carrie Kauffman, of Carrie's Essential Services, will provide ideas to get your house organized and decorated for the holidays. Register online: [www.lmls.org/events/organize](http://www.lmls.org/events/organize).

### LEGO® Days!

- **Wed, Nov 22 @ 10 am–4:30 pm**
- **Fri, Nov 24 @ 10 am–4:30 pm**
- **Sat, Nov 25 @ 10 am–4:30 pm**

Use our Legos & your imagination!

# GLADWYNE LIBRARY EVENTS

## Learn to Code (Adults Only)\*

**Mon, October 2, 9 & 16 @ 6 pm**  
Get started on learning to code in this informal, self-taught program. Call to register.

## Plan for Your Retirement\*

Presented by Jeff Beyer, Paladin Retirement Advisors. Hosted by the Gladwyne Library League. Call (610) 642-3957 to register.

- **Tue, October 3 @ 6:30 pm**  
Maximizing Retirement Income and Protecting Your Money
- **Tue, October 10 @ 6:30 pm**  
Estate Planning/Long Term Care Planning

## A Healthy You in Retirement\*

Presented by Jeraldine Kohut,

Community Liaison, Cathedral Village. Hosted by the Gladwyne Library League. Call to register.

- **Tue, October 17 @ 2 pm**  
Sleep and Our Health
- **Tue, October 24 @ 2 pm**  
The Long Goodbye: Alzheimer's Disease
- **Tue, October 31 @ 2 pm**  
Moving Forward to Successful Aging

## Book Signing with Local Author Peter R. Kowey, MD

**Tue, October 17 @ 6 pm**  
Join us for a wine and cheese reception with Peter R. Kowey, MD, and his latest Philip Sarkis mystery, *Death on the Pole*. RSVP by October 13 at (610) 642-3957.

## Halloween Craft & Story

**Tue, October 24 @ 4 pm**  
Local author Nahjee Grant will read a Halloween tale and then we'll do a craft. Bring a pumpkin to decorate after our story. Ages 3 & up. Families welcome. Call to register.

## No Country for Old Men: Stories of Youth & the Young Book Discussion Series

Ruth Anolik will lead discussion. Registered participants will be lent copies of the books. Made possible by the Gladwyne Library League and Upper Merion Library.

- **Mon, October 30 @ 7:30 pm**  
*Dear Life: Stories*, Alice Munro
- **Mon, December 4 @ 7:30 pm**  
*Hunger Games*, Suzanne Collins

## Book Reviews with Judith Olsen

**Tue, November 14 @ 9:30 am**  
Following coffee and refreshments, Ms. Olsen will begin her reviews at 10 am. Discover the next books you'll want on your nightstand!

## Thanksgiving Craft with KidzArt

**Tue, November 21 @ 4:30 pm**  
Holly Meade is back to help us make a turkey craft for our Thanksgiving tables. Ages 4-8. Space is limited to 20. Call to register.



<b>ARDMORE LIBRARY</b> <b>610-642-5187</b> 108 Ardmore Ave, Ardmore, PA 19003	Mon, Tues & Thurs Wed Fri & Sat	10 am—8 pm 1 pm—8 pm 10 am—5 pm
<b>BALA CYNWYD LIBRARY</b> <b>610-664-1196</b> 131 Old Lancaster Rd, Bala Cynwyd, PA 19004	Mon—Thurs Fri & Sat Sun	10 am—9 pm 10 am—5 pm Noon—5 pm
<b>BELMONT HILLS LIBRARY</b> <b>610-664-8427</b> 120 Mary Watersford Rd, Bala Cynwyd, PA 19004	Mon & Tues Wed & Thurs Sat	10 am—8 pm 12 pm—8 pm 10 am—5 pm
<b>GLADWYNE LIBRARY</b> <b>610-642-3957</b> 362 Righters Mill Rd, Gladwyne, PA 19035	Mon—Thurs Fri & Sat	10 am—8 pm 10 am—5 pm
<b>LUDINGTON LIBRARY</b> <b>610-525-1776</b> 5 S. Bryn Mawr Ave, Bryn Mawr, PA 19010	Mon—Thurs Fri Sat Sun	9 am—9 pm 9 am—6 pm 9 am—5 pm Noon—5 pm
<b>PENN WYNNE LIBRARY</b> <b>610-642-7844</b> 130 Overbrook Pkwy, Wynnewood, PA 19096	Mon—Thurs Fri & Sat	10 am—9 pm 10 am—5 pm



\* Events with an asterisk support the PA Forward | Pennsylvania Libraries initiative for redefining the library's role in our Commonwealth within the context of five essential literacies: **Basic Literacy, Information Literacy, Civic & Social Literacy, Health Literacy, and Financial Literacy.**

